

PHAMBI

POWERED BY TABLE CHARM

#ISSUE 03
OCTOBER 2025

BEYOND THE HUSTLE

MASTER THE ART OF REST &
RECHARGE YOUR EMPIRE

OWN YOUR POWER!

SIMPLE STEPS TO HEALTH &
CONFIDENCE THIS PINK OCTOBER

FROM SELLER TO SOLUTION
CRUSH YOUR GOALS WITH
OUR 90-DAY PLAN FOR
FESTIVE SUCCESS

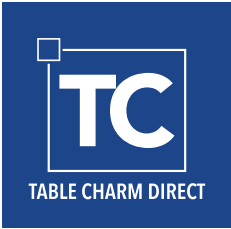
GATHER YOUR PEOPLE

IGNITE JOY, STRENGTHEN BONDS &
CREATE UNFORGETTABLE MEMORIES!

FEAST IN FUCHSIA!

YOUR ULTIMATE GUIDE TO A VIBRANT
MZANSI SUMMER CELEBRATION!

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More Than a Colour

Welcome to the Pink October Edition of Phambili.

This month, you will see the colour pink everywhere. But here, in our community, pink is so much more than a colour on a ribbon. It is a banner of our collective strength. It's the quiet power of a sister holding another's hand in a clinic waiting room. It's the resilience in the heart of a mother who hustles every day to give her children hope. It's the colour of celebration, of life, and of the fierce love we have for one another.

This issue is dedicated to that spirit, and this month, our actions will speak louder than our words. We are being called to do more than just be aware; we are being called to Shop Pink & Make a Difference.

Through our powerful partnership with TC Direct, every single purchase of a designated TC Pink Product becomes an act of tangible support. For every one of these items you buy, R1 goes directly to Project Flamingo. This incredible organisation provides access to timely, holistic,

and dignified breast cancer care to women in South Africa's Public Health sector, offering compassionate support when it is needed most.

When you choose that beautiful pink quilt or a vibrant new lipstick, you are being part of something bigger than yourself. You are helping to fund life-saving breast cancer interventions for a woman who desperately needs them.

And while we support others, we must also empower ourselves with knowledge. In

your October TC Direct catalogue, you will find a special QR code. Please scan it to access valuable breast cancer guides, booklets, and more information. Share it with your mothers, daughters, and sisters.

Let this issue inspire you to check in on your sisters, check in on yourself, and celebrate every precious moment.

Let's rise together. Phambili!



Chantelle Balsdon - Editor
Chantelle@whitehouseinc.co.za
Jason Whitehouse - Sales and Strategy
jason@whitehouseinc.co.za
Peter Batistich - Creative Head
peter@whitehouseinc.co.za



Gather Your People: **THE ART OF** **HOSTING** *with Heart*

In our culture, an open door is a promise.

It's a promise of warmth, of a shared meal, and of a place where joys are multiplied. The spirit of ubuntu isn't just a concept; it's the sound of laughter filling a room and the feeling of connection that lingers long after the last guest has gone home.

But let's be honest, the thought of hosting can bring a wave of stress. Where will everyone sit? What will I cook? How can I make my home feel special without breaking the bank?

Forget the stress. The real art of hosting with heart is about making people feel welcome and cherished, and that magic is found in the smart details, not in the money you spend. Here are the practical hacks to make your next gathering joyful and abundant.





CREATING THE VIBE: ATMOSPHERE AND DECOR HACKS

A welcoming atmosphere costs nothing, but it's the first thing your guests will feel.

Hack #1: The Power of Light and Sound. An hour before guests arrive, dim the harsh overhead lights and switch on lamps for a warm, soft glow. Put on a great playlist—some soulful gospel or classic R&B—at a low volume. This simple combination instantly makes a space feel intimate and relaxed.

Hack #2: A Beautiful Table is Your Centrepiece. You don't need a fancy tablecloth. A simple runner of fabric, or even just a beautifully set table, becomes the focal point of your welcome. Take the time to lay out your plates and cutlery with care. Serving a meal on elegant dinnerware, like the Angelic Dinnerware collection, instantly elevates the occasion and honours your guests and the food you've prepared.

Hack #3: Nature's Decor. Forget buying flowers. Go into your own garden or neighbourhood and snip a few interesting green leaves or branches. Placed in a simple glass jar or bottle, they add a touch of life and beauty to your table for free.

EFFORTLESS SIPS: DRINKS AND SERVING HACKS

Hack #1: The Self-Serve Drinks Station. The ultimate hosting hack is letting guests help themselves. It frees you up to mingle and makes everyone feel at home. A large batch of homemade iced tea or juice is perfect. The game-changer here is a large glass container like the 10-litre Crystalite Dispenser, which looks stunning and keeps everyone's glass full.

Hack #2: The Garnish Bar. Make a simple drink look like a fancy cocktail. Serve a basic juice or iced tea, but on the side, set out small bowls of things guests can add themselves: slices of lemon, fresh mint leaves, a few berries, or even slices of cucumber. It's interactive, looks incredible, and costs very little.

Hack #3: Big-Block Ice. Instead of using small ice cubes that melt quickly and water down your drinks, make your own big blocks. Simply fill a few clean 2-litre ice cream tubs with water and freeze them the day before. One big block will keep your punch cold for hours.

MAKING ROOM FOR EVERYONE: SMART SEATING HACKS

Hack #1: Think Beyond the Dining Table. Not everyone needs to sit at the main table. Create zones. Let the elders have the seats of honour at the table, while younger guests can get comfortable on the sofa, on floor cushions, or on chairs brought in from other rooms.

Hack #2: The Buffet is Your Best Friend. If you can't seat everyone, don't try to. Serve your food buffet-style from the kitchen counter. This allows guests to dish up and find a comfortable spot to sit and eat, turning your whole living space into a dining area and removing the pressure of a formal seating plan.

THE FOOD PLAN: ABUNDANCE WITHOUT THE BURNOUT

Hack #1: The One-Pot Wonder. A generous one-pot dish—like a flavourful curry or hearty stew—is your secret weapon. It fills the home with a wonderful aroma, is easy to serve, and speaks of comfort and abundance.

Hack #2: Let Your Guests Shine. Reframe “bring and share” as a collaborative feast. Most people have a speciality dish they are proud of. When you invite them, say, “Oh, you have to bring your famous potato salad!” or “No one makes a better trifle than you!” This makes your guests feel valued and turns the meal into a beautiful team effort where everyone contributes.

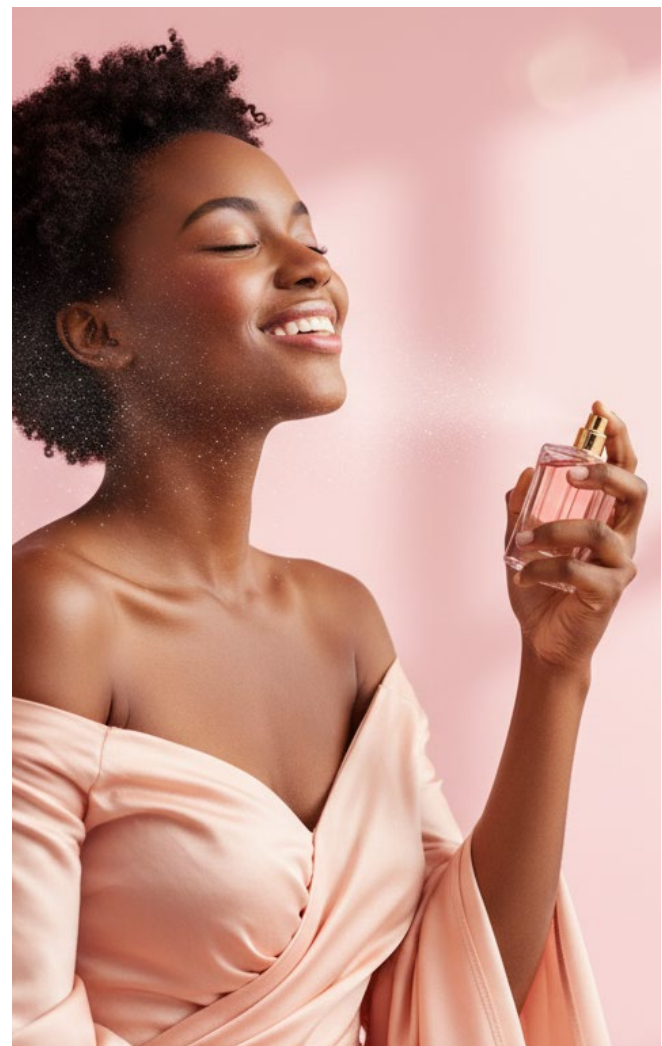


The Circle of Strength: WHO'S POURING INTO YOUR CUP?

Let's be honest, in every circle of friends, there is the "strong one." She's the one who always has a plan, the one whose finances seem sorted, the one who gives the best advice. Everyone goes to her when their world is falling apart. But who does she go to when her own cup is empty?

Too often, we forget that even the strongest woman needs her people. A real circle of strength isn't just about having friends; it's about having the right friends for the right seasons. Think about your own circle. You need...

- **The Listener:** This is the sister you can call at 10 PM. You don't need advice; you just need to offload the stress of the day. She'll just listen, say "Eish, sisi," and make you feel heard. She doesn't try to fix it; she just sits with you in the mess.
- **The Cheerleader:** This is the friend who sees your potential even when you don't. When you're scared to start that new side-hustle, she's the one sending you motivational voice notes, sharing your posts, and becoming your first customer. She believes in your hustle, sharp sharp.
- **The Practical One:** When your child is sick and you have to work, she's the one who says, "I'll fetch them from school." When you're short on cash for data, she's the one who sends R50 without you even asking. She doesn't talk; she does.



These relationships are our true wealth. Hayi, they are more precious than gold. But they are not one-way streets. This October, as we think about the importance of support, ask yourself: who am I in my circle, and am I pouring back into the cups of those who always fill mine?

Honouring your circle doesn't have to be a grand gesture. It's about seeing a need and meeting it. It's about celebrating her wins with genuine joy. And sometimes, it's about spoiling the woman who is always spoiling everyone else. Think about that "strong friend" for a moment. She deserves a moment of pure luxury, a reminder that she is also worthy of being cared for.

Gifting her an elegant perfume, like the one inspired by J'adore, is more than just a present. It is a way of saying, "I see how much you do for everyone. Now, this is just for you. Let this beautiful scent be a reminder of how much you are loved and appreciated."

Let's make a real effort to look after our people. Check in on your "strong friend." Pour back into the cups of the sisters who sustain you. Because when we stand together and keep each other's cups full, there is absolutely nothing we cannot overcome.

EFFORTLESS ELEGANCE

Leave a memorable impression
wherever you go.



LONG-LASTING
WEAR FOR UP
TO 8 HOURS



Inspired By **FOR HER**

FG003

Pleasures - 30ml

FG011

Gucci Rush - 30ml

WAS R169

R149

SAVE R20

FR004

Fantasy Britney

Spears - 50ml

FR011

Boss Woman - 50ml

FR027

J`adore - 50ml

WAS R259

R199

SAVE R60

**SAVE
R60**

SHOP PINK

For every TC Pink Product
you buy, R1 goes directly to
a Non-profit Organisation.

ACROSS PAGES 3 - 8

Kasi Summer Feast: Healthy, Hearty & Full of Life

Summer isn't just a season; it's a vibe. It's the energy on the streets, the sound of laughter carrying over the walls, and the bold flavours on colourful plates that bring everyone together.





This spread celebrates the ultimate feast that tastes like home—from that warm, savoury mince in a vetkoek to playful sarmies, refreshing salads, and indulgent treats—all with a healthy twist. This is food that's bright, balanced, and made for sharing.

1. Warm Wholesome Bases

These are the hearty dishes that form the soulful centre of any gathering, packed with flavour and goodness.

- **Spiced Mince with Veggies:** A rich and savoury mince is pure comfort. To make it go further and pack in more nutrients, sauté lean beef or turkey mince with a colourful mix of onions, peppers, carrots, and finely chopped spinach. It's perfect served steaming hot inside a fresh wholewheat vetkoek or over a small, comforting portion of rice. **Healthy Tip:** Lean proteins and fresh vegetables give essential vitamins and minerals while fibre keeps you full.
- **Morogo & Tomato Stew (Vegan Option):** A true taste of tradition, this stew is both simple and deeply flavourful. Simmer fresh morogo (wild spinach) and ripe tomatoes with garlic, onions, and a hint of paprika until tender. It's the perfect, nourishing companion to maize meal or as a vibrant side dish.
- **Healthy Bunny Chow:** This is the bunny chow, reimagined. Start with mini hollowed-out wholegrain bread loaves. Instead of deep-fried fillings, pack them with a spicy bean or lentil curry and add a handful of finely chopped vegetables for a fresh crunch.



HEALTHY TIP:

Using wholegrain bread adds fibre, beans/lentils provide protein and slow-release energy, and the veggies boost vitamins and antioxidants.

2. *Playful Sarmies Wraps*

A good sarmie is a must-have, perfect for grabbing while you chat and mingle.

- Cold-Meat Sarmies Build a better sarmie on a foundation of wholegrain or brown bread. Layer it with your favourite polony, chicken loaf, or lean cold cuts, then pile on crisp cucumber, juicy tomato, and fresh lettuce. For a creamy finish, use a light, low-fat spread or a delicious mash of avocado.
- Egg & Veggie Sarmies A powerhouse of flavour and nutrition. Mash hard-boiled eggs with grated carrot and cucumber, and bind it with a light mustard or plain yoghurt spread instead of heavy mayo.

HEALTHY TIP:
Wholegrain bread supports digestion, lean cold meats give protein, and fresh veggies supply fibre and vitamins.



3. *Fresh, Fun Crunchy Salads*

A vibrant salad adds a burst of freshness to the table, cutting through the richness of the main dishes.

- Rainbow Noodle Jar Salad As fun to look at as it is to eat! Layer a jar with wholewheat noodles, shredded cabbage, carrots, cucumber, bell peppers, and a sliced boiled egg. A simple lemon-tahini dressing ties it all together.
- Mango & Avocado Salad This is summer in a bowl. Combine sweet sliced mango, creamy avocado, bright cherry tomatoes, and finely sliced red onion. Garnish with fresh coriander and a squeeze of lime. For an extra bit of crunch, add a sprinkle of roasted peanuts.
- Sweetcorn & Bean Salad A timeless classic. Mix kidney beans and sweetcorn with cherry tomatoes, spring onions, and coriander. A light dressing of olive oil and lemon juice is all it needs.



HEALTHY TIP:
Colourful salads supply antioxidants, fibre, and heart-healthy fats to balance a hearty meal.



4. Tasty Sides

These are the essential extras that take a meal from good to great.

- **Mini Vetkoek Sliders** Bake or buy wholegrain or millet-based vetkoek and use them as sliders. They are perfect for filling with your spiced mince, a simple chickpea mash, or a crunchy coleslaw.
- **Roasted Sweet Potato & Corn Skewers** Thread cubes of sweet potato, pieces of corn on the cob, and cherry tomatoes onto skewers. Brush them lightly with olive oil and paprika, and roast until tender and beautifully caramelised.
- **Chakalaka & Bean Salad** Give your classic chakalaka an upgrade by stirring in a can of kidney beans and a handful of fresh coriander for a hearty and delicious side.

HEALTHY TIP:

Whole grains, legumes, and vegetables add fibre, protein, and micronutrients for sustained energy.

5. Sweet Treats

End the feast on a sweet note with these guilt-free indulgences.

- **Fruit & Yogurt Cups** A simple and beautiful dessert. Layer seasonal fruits in a clear glass with plain yogurt and finish with a sprinkle of toasted oats or nuts for crunch.
- **Honey & Cinnamon Baked Bananas** For a warm and comforting treat, slice bananas, drizzle them with honey, sprinkle with cinnamon, and bake until soft and fragrant.
- **Mini Malva Pudding Cups (Light Version)** Enjoy a classic! Make your malva with wholewheat flour and less sugar, and serve it with a light, low-fat milk custard drizzle.
- **Frozen Fruit Lollies** The ultimate heat-beater. Purée mango or berries with a splash of orange juice, pour into Molds, and freeze for a pure, refreshing treat.

HEALTHY TIP:

These sweets focus on natural sugars from fruit, protein from yogurt, and use minimal processed sugar. Perfect for satisfying cravings without guilt.

Food can be fun, full, and still good for you. Health isn't a trend — it's a lifestyle of love, care, and energy that keeps you going through every season.

Your Mzansi Summer Guide: How to Plan the Perfect Get-together



The sun is out, the days are long, and the great outdoors is calling your name! This is the season for making memories.

Whether you're planning a chilled picnic, a day at the beach with the family, or a full-on camping adventure, we've got the inside scoop on how to make it effortless, epic, and unforgettable.

THE MASTER PLAN: GET SORTED BEFORE YOU GO

A truly mnandi (delicious/nice) day out starts with a solid plan. Before you pack a single thing, get these ducks in a row for a guaranteed smooth-sailing, stress-free adventure.

- 1. Check the Elements:** First things first, get a reliable weather forecast. A surprise downpour or a howling wind can put a damper on the best-laid plans.
- 2. Gather Your Chommies:** Who's on the guest list? A quick WhatsApp group is the easiest way to coordinate who's bringing the salads, the snacks, and the good vibes. Teamwork is everything!
- 3. Location is Everything:** Are you heading to a botanical garden, a serene dam, or your own backyard? Pick a spot with the right atmosphere and amenities (like bathrooms or braai spots) for your crew.





Plan the Feast: Decide on a menu that's easy to transport and even easier to eat. (Keep an eye out for our next issue, where we'll share the ultimate recipes for outdoor feasting!)

PACK LIKE A PRO: YOUR SECRET WEAPONS

Having the right gear is the difference between a good day and a great one. It's all about keeping food fresh, drinks cold, and your life simple. These are your non-negotiables.

1. For the Main Event: That giant potato salad or marinated meat needs a container that's up to the task. The TC Ware 5L Bowl with Lid is your hero for transporting and serving larger dishes without a single spill. It takes your food from your kitchen to the gathering, perfectly fresh.
2. The All-in-One Solution: Forget juggling paper plates and mismatched cutlery. The Chef's Delight Picnic Set is a true game-changer. With plates, bowls, cups, and cutlery for everyone, all packed in a nifty storage box, you just grab it and go. You're sorted!
3. For On-the-Go Munchies: Every great outing needs good snacks for the journey. The TC Square Food Storage containers are perfect for packing fruit salads, biltong, or leftovers. Their leak-proof seal means you can toss them in your bag with complete confidence. No mess, no fuss.

SUMMER GET-TOGETHERS

Take your home-cooked meals on the go with our TC Food Warmers! Enjoy your perfectly home-cooked meals with you on any journey, at a family gathering, or outdoors at a picnic. Our trendy Food Warmers come in various sizes and keep food hot or fresh for up to 8 hours.

Perfect for commuting, family outings, or outdoor adventures, our Food Warmers ensure your meals stay deliciously warm wherever you are.

For best results
please preheat your
food before adding it to
the warmer.

Fill to the top for
optimal warming.

AS200
Food Warmer/Cooler
Purple - 20Lt
R1479

**SAVE
R330**



Keeps food
fresh.



Easy to clean making
it the perfect kitchen
or outdoor appliance.



Includes a
drainer and
a spoon.



Keeps food
warm for up
to 8 hours

AS205
Food Warmer/Cooler
Dispenser - Purple - 20Lt
WAS R1479
R1149
SAVE R330

AS300
Food Warmer/Cooler
Teal - 20Lt
R1479

NEW TABLETOP FOOD WARMER 7.5LT & 10LT

Perfect for serving your family and friends in our new tabletop food warmers. Bring convenience and style to each gathering.

SCREW ON LID

NEW

AS202
Food Warmer/
Cooler Purple –
10Lt

R849

AS201
Food Warmer/Cooler
Purple - 7,5Lt

R699

- **Keeps Hot:** Maintains temperature for 4-5 hours.
- **Keeps Cold:** Preserves freshness for 6-8 hours.
- **Secure Closure:** Ensures optimal temperature retention.
- **Convenient Handles on the 7,5Lt:** Easy to Carry and Transport.

Camp Like a King: The Ultimate Bushveld Hack

For all the campers out there, this one's for you. Camping is about relaxing, but cooking after a long drive and setup can be a mission. Here's how you change the game.

The secret? The TC Food Warmer/Cooler. This is more than a container; it's your portable kitchen assistant.

1. Arrive and Eat, Hayi Bo! Imagine this: You cook a delicious beef stew or curry at home before you leave. Pop it into the Food Warmer, and hours later when the tent is finally up, dinner is still piping hot and ready to serve. No more cooking in the dark on your first night!
2. The All-Day Drinks Station: The bigger 10Lt or 20Lt Cooler is a legend. Fill it with ice and drinks in the morning for a self-serve station that keeps everything frosty for hours. Ayoba!
3. The Shisa Nyama Sidekick: This is the ultimate partner for your braai. It keeps your pap warm and your salads chilled while you focus on the fire. With these warmers, every part of the meal is ready at the perfect temperature, so the whole family can sit down to a hot meal together. Sharp sharp!

It's a Vibe: Setting the Scene

With the food and gear sorted, it's time to create the perfect atmosphere.

1. Tunes & Games: A portable speaker is a must for setting the mood. Don't forget a deck of cards, a frisbee, or a ball. A round of "30 Seconds" is always a crowd-pleaser!
2. Creature Comforts: A big picnic blanket is essential. Add some cushions or camping chairs for that next-level comfort. An umbrella for the midday sun is always a winning idea.
3. The Clean-Up Crew: Be a legend, not a litterbug. Always pack a rubbish bag and leave your beautiful spot even cleaner than you found it.

You're now fully equipped for a summer of epic Mzansi adventures. Get out there and make some memories!



TC WARE

FROM GARDEN TO TABLE

SAVE
R100



PS216
Bowl With Lid
5Lt - Cherry
WAS R269
R169
SAVE R100



SAVE
R200

CH265
Chef's Delight
37pc Picnic Set
WAS R699
R499
SAVE R200

SET INCLUDES

- 1 Storage Box -3.2Lt & Lid
- 6 Plates - 19x13cm
- 6 Bowls 11cm
- 6 Cups 180ml
- 6 Knives
- 6 Forks
- 6 Spoons



Faith in the Fire: *Finding* GOD'S PRESENCE IN THE HEALING JOURNEY

Life can change in a single moment. A doctor's phone call, an unexpected result, a diagnosis that steals the air from your lungs. In that moment, the world can feel isolating, and the path ahead uncertain.





It is in this fire, in this valley of waiting and wrestling, that our faith is not just tested, but proven.

While fear is a natural response, it does not have the final word. Our God is a God who meets us in our deepest struggles. He is not a distant observer; He is a “very present help in trouble” (Psalm 46:1). When you are weary from appointments and treatments, He is your strength. When your heart is heavy with worry, He is your peace. The scriptures are filled with promises that serve as our anchor in the storm.

When fear tries to take hold, hold onto this promise: *“Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.” - Isaiah 41:10*

In moments of physical weakness, when your body feels like it is failing you, remember where true strength comes from: *“And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness.” - 2 Corinthians 12:9*

And when you walk through the darkest valleys of uncertainty, know that you are not walking alone: *“Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.” - Psalm 23:4*

Let us lift our voices together in prayer, for every soul touched by illness.

A PRAYER FOR THE HEALING JOURNEY

Heavenly Father, We come before you today to lift up our sisters and brothers who are walking the difficult road of illness. We ask for Your divine hand to be upon them. Lord, touch their bodies with Your healing power, calm their anxious hearts, and fill them with a peace that surpasses all understanding. Grant wisdom, skill, and compassion to the doctors, nurses, and all who care for them. Strengthen their families and caregivers, and wrap them all in Your infinite love. Remind them, in their weakest moments, that they are held by You and that You are working all things for their good. We claim healing, strength, and comfort in Your holy name. Amen.



A PRAYER OF GRATITUDE FOR SURVIVORS

Lord of Life, We bow before you with hearts overflowing with gratitude for the warriors among us—the survivors. We thank you for bringing them through the fire, for every battle won, and for the precious gift of their testimony. Lord, we ask that you continue to watch over them. Calm any lingering fears of recurrence and replace anxiety with joyful hope. Bless them with continued health, strength, and a renewed sense of purpose. May their stories be a shining beacon of Your faithfulness, bringing encouragement and strength to those still in the fight. Let their lives from this day forward be a beautiful reflection of Your grace and healing power. Amen.

Whatever season you find yourself in—the fight, the recovery, or the waiting—hold onto the unshakable truth that you are seen, loved, and held by an all-powerful God. He has a plan for you, a plan filled with hope.

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” - Jeremiah 29:11

The Art of Sleeping: **RECHARGE** *Your* *Drive with Radical Rest*

Let's be real. In the daily grind of the kasi, "I'm tired" ain't a complaint; it's a badge of honour. We're out here making it happen from the crack of dawn, late nights perfecting our craft, pushing boundaries to feed our families and build our future. Sleep? That's for the weak, right? That's what they tell us. It's a luxury, squeezed in when every single thing else is done.

LISTEN UP: THAT'S A LIE. AND IT'S SILENTLY SABOTAGING YOUR AMBITION.

The secret to a more powerful, unstoppable you isn't less sleep. It's radical rest. This isn't about being lazy. This is about being smart. It's a strategic weapon for success. Think clearer. Make sharper decisions. Unleash your full creative fire. Boost your immunity so you don't get taken out by a flu. All of that comes from quality sleep.

Your bed? It's not just a place to crash. It's your recovery zone, your strategic command centre, your sanctuary. And at the heart of that sanctuary? A bed that screams comfort and peace.

YOUR BED: THE ULTIMATE POWER PLAY

Ever walked into a fancy hotel? What hits you first? That perfectly made bed. It doesn't just look good; it feels like a promise. A promise of peace, of deep rest. That's the signal you need to send to your brain, every single night.

Making your bed isn't just a chore. It's a declaration. It's you telling yourself, "I'm worth a peaceful landing." When that bed looks good, feels good, it's a powerful psychological trigger. It calms the storm in your head. It's the first step to unplugging from the day's madness.

TOUCH ME, FEEL ME: THE IRRESISTIBLE PULL OF SOFTNESS

Scratchy sheets? Thin comforter? Forget about it. How are you supposed to conquer the world tomorrow if you're battling uncomfortable bedding tonight? Your body needs to feel safe, cocooned, utterly comfortable. When your skin feels that luxurious softness, your entire system exhales. Tension melts. The noise in your head quiets down. That's when true rest kicks in.

This isn't just about looking good; it's about feeling good. It's about the intentional choice



of bedding that feels incredible against your skin—that "soft touch feel" that melts the day away. It's about surrounding yourself with beautifully detailed quilts and comforters in colours and patterns that calm your mind and lift your spirit. Getting into a bed dressed with this kind of intentional comfort isn't just sleep; it's an experience. It's an invitation to surrender, to recharge, to prepare for another day of making things happen.

YOUR 5-STEP SLEEP SANCTUARY TAKEOVER

1. Own Your Morning, Own Your Night: Make your bed. Every damn day. It sets the tone for discipline and creates a welcoming return.
2. Kill the Lights, Light Up Your Peace: An hour before bed, dim those harsh overheads. Use

soft lamps. Tell your brain, "It's time to chill."

3. Banish the Beast (Your Phone): That blue light? It's actively sabotaging your sleep. Charge your phone far from your bed. Let your mind disconnect.
4. Scent Your Success: A few drops of lavender oil on your pillow, a calming room spray. Create an aroma that signals "peace out, stress."
5. Unwind with Intention: A warm cup of chamomile tea. A moment of quiet reflection. Give your body and mind permission to slow down.

Your drive is your power, but radical rest? That's your fuel. Stop treating sleep like an enemy. Embrace it as your secret weapon. Invest in your rest, and watch your vision not just grow, but explode.

NEW MADISON

COMFORTER SET 3PC

This new reversible comforter features a pink and white chevron pattern that changes to a co-ordinated design on the reverse.

NEW

SAVE
R250

MF363
Madison Comforter
Set 3pc - Pink - King
270 x 220cm
WAS R1149
R899
SAVE R250

MF362
Madison Comforter
Set 3pc - Pink - Queen
250 x 220cm
WAS R1099
R849
SAVE R250



The trim is pink
on the side that
is brown

NEW CHECKERED

DUVET COVER SET 3PC

NEW

3 PIECE SET INCLUDES
• 1 x Duvet Cover
• 2 x Standard Pillowcases

MF364
Checkered Duvet
Cover Set 3pc - Double
200 x 200cm
R749

MF365
Checkered Duvet
Cover Set 3pc - Queen
230 x 200cm
R799

MF366
Checkered Duvet
Cover Set 3pc - King
230 x 220cm
R849



SHOP
PINK

For every TC Pink Product
you buy, R1 goes directly to
a Non-profit Organisation.

CULLINAN QUILT

BED SET 3PC - PINK

Soft to the touch, beautifully detailed and made for those who
appreciate comfort with class – this is the ultimate finishing touch to a
well-dressed bed. Ideal for year-round use.



3 PIECE SET INCLUDES
1 x Quilt
2 x Standard Pillowcases



MF440
Cullinan Quilt Bed Set
3pc - Pink - Queen
250 x 200cm
R999

MF445
Cullinan Quilt Bed Set
3pc - Pink - King
270 x 220cm
R1099

Our Health, Our Power: A Phambili Guide to Breast Health this Pink October

October is here, and with it, the colour pink reminds us of a fight that belongs to all of us. This is Pink October, a time to talk about breast cancer.



This isn't a topic for whispers in corners; it is a conversation for our kitchens, our streets, and our families. It's about taking power into our own hands. For our mothers who have raised us, for our sisters who walk beside us, and for the daughters we are raising to be strong, this guide is for you.

FOR THE WOMEN OF OUR COMMUNITY: KNOW YOUR BODY, KNOW YOUR POWER

Our bodies tell stories. They carry our children and build our homes. Learning to listen to your body is one of the most powerful things you can do. A monthly breast self-check is a promise you make to yourself. It's simple, it's free, and it can save your life.

HOW TO DO YOUR MONTHLY SELF-CHECK

Do this once a month, a week after your period, so you get to know what feels normal for you.

- 1. Look:** Stand proud in front of a mirror with your hands on your hips. Look at your breasts. Do you see any changes in size, shape, or colour? Look for any swelling, skin dimpling (like the skin of an orange), or changes in your nipples. Now, lift your arms high and look for the same things.
- 2. Feel:** The best way is to lie down, making the breast tissue thinner and easier to feel.
 - Place your right arm behind your head. Use the soft pads of your left hand's three middle fingers to check your right breast.
 - Press down with light, medium, and then firm pressure in a small circle. Make sure you check the whole breast area, from your collarbone down to your ribs, and from your armpit across to the middle of your chest.
 - Use a pattern to make sure you cover every part. You can move up and down, like mowing a lawn.
 - Don't forget to squeeze the nipple gently to check for any discharge.
 - Now, switch sides and check your other breast.

Remember: Finding a lump does not mean you have cancer. Most lumps are not cancerous. But you must not ignore it. Don't be scared, be smart. Visit your local clinic or doctor as soon as you can. Early detection gives you the best chance to fight and win.

RAISING A HEALTHY GENERATION: TEACHING OUR CHILDREN

The best gift we can give our children is the knowledge to protect their health for a lifetime. We must teach them that looking after their bodies is normal and important.

- 1. Healthy Habits Start Young** A healthy lifestyle is our best defence against many diseases.
 - **Good Food, Strong Body:** Show them the power of healthy food. Pack more fruit in their school lunch instead of sweets. Cook



with more vegetables like spinach (imifino), carrots, and butternut at home. Teach them that water is the best drink to keep them strong.

- **Play is Power:** Encourage your children to play outside. Walk with them to the shops instead of taking a taxi for a short trip. An active body is a healthier body.
- 2. Teaching Body Awareness**
 - **For our young girls:** As they start to develop, talk to them openly about the changes in their bodies. Explain that it's all normal. Teach them that as they grow into women, knowing what their breasts feel like is a part of looking after themselves, just like brushing their teeth.
 - **For our teenagers:** Introduce the idea of a monthly self-check as a normal routine of self-care. It's about being in control and responsible for their own health as they grow.

A QUICK WORD FOR OUR MEN: YOU ARE IN THIS FIGHT, TOO

Breast cancer is not just a woman's disease. Men can get it too. Because many people don't know this, men are often diagnosed late.

- **Check yourself:** Men, you also have breast tissue. If you ever feel a hard lump on your chest, near your nipple, or have any nipple

discharge, do not be embarrassed and do not ignore it. See a doctor.

- **Be a supporter:** Encourage the women in your life—your mother, wife, sister—to do their self-checks. Go with them to the clinic if they are scared. Your support is powerful.

Let's make this Pink October a month of action, conversation, and care in every home. Let's move forward to a healthier future, together.



A Legacy of Love, **Not a Legacy of Debt**

We hustle every single day for our families. We work to put food on the table, to pay school fees, and to build a foundation for a better future.



We are driven by a deep desire to leave our loved ones in a better position than we started. Yet, there is one crucial conversation we often avoid, one plan we delay making, that can unravel all our hard work in a matter of days.

Let's be brutally honest. When a loved one passes, the grief is overwhelming. But what happens the very next day? The world doesn't stop. Bills don't pause. And the immediate, crushing pressure of funeral costs lands squarely on the shoulders of the family you've left behind.

If you don't have a plan, your family will suffer. This is not a maybe; it is a certainty. Their grief will be compounded by a financial panic they are completely unprepared for.



THE TRUE COST OF A DIGNIFIED FAREWELL

We often underestimate the real costs. A dignified funeral is not just one expense; it's a wave of them that arrive all at once.

- **Undertaker Services:** This is the biggest cost, covering the coffin, storage, hearse, and preparation. This alone can run into many thousands of Rands.
- **Burial or Cremation:** Securing a burial plot or arranging a cremation comes with its own significant fees.
- **Feeding the Mourners:** In our culture, we host and feed those who come to pay their respects. This means groceries, catering, and supplies for a week or more, a cost that can easily spiral.
- **Transport:** Family members may need to travel from far away, adding another layer of expense.
- **The Tombstone:** This often comes later, but it is a major expense that families feel a deep cultural and emotional duty to provide.

Without a dedicated plan, where does this money come from? It comes from your children's education fund. It comes from the savings your spouse set aside for emergencies. It comes from high-interest loans from mamonisas that will trap your family in a cycle of debt for years. It comes from the humbling experience of having to ask the community for contributions.

This financial chaos is a heavy, and completely avoidable, burden to place on your grieving family.

PRACTICAL STEPS TO PROTECT YOUR FAMILY

Planning for this is not about focusing on death. It is the ultimate act of responsible love. It is about ensuring your memory is honoured with dignity, not with financial desperation. Here's what you can do, starting today.

1. **Have the Tough Conversation.** Sit down with your spouse or a trusted child. Talk about your wishes. It will be uncomfortable for a few minutes, but it will save them a lifetime of guesswork and stress.
2. **Do the Math.** Don't guess. Call a local, reputable undertaker and ask for a basic price list. Create a realistic budget for what a funeral that honours your wishes would actually cost. Knowledge is power.
3. **Create a 'Just-In-Case' File.** This is one of the most important things you can do. Take a simple file or a large envelope and put copies of your essential documents inside: your ID, birth certificate, and a list of important family contacts. If you have any policies or savings, include those details. Tell a trusted family member where this file is kept.
4. **Start a Dedicated Fund.** Open a separate savings account and start putting away a small, consistent amount every month. Even R100 a

month is better than nothing. The key is that this money is specifically for this purpose and isn't touched for anything else.

5. **Explore Formal Cover.** The most effective way to plan is to have a formal funeral policy. These plans are designed specifically for this event. Unlike a regular savings account, they are built to pay out a lump sum quickly—often within 48 hours—ensuring your family has the cash they need, when they need it most, without having to go through lengthy bank or estate processes.

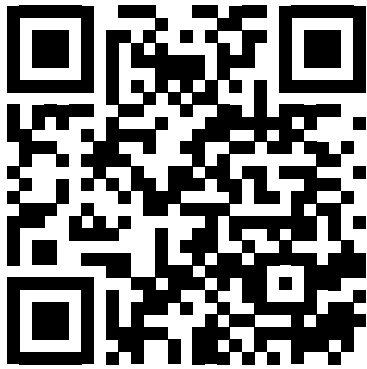
Your legacy will be the memory of the life you lived and the love you gave. Ensure that legacy is one of peace and provision, not one of debt and distress.

Start today. It won't cost you a lot to plan, but it will cost your family everything if you don't. Plan accordingly.



THE ULTIMATE TABLE CHARM

FUNERAL PLAN



LOVE HAS NO LIMITS. NEITHER SHOULD YOUR FUNERAL PLAN.

Now you can extend the power of your funeral cover beyond your immediate household. With TC Direct’s **Extended Family Plan**, you can protect up to **7 additional family members** - including parents, siblings, in-laws, aunts, uncles, nieces, nephews, and more. This powerful addition ensures that more of the people you love are covered under one affordable plan - because family isn’t just who you live with, it’s who you live for.

Ask your TC Business Builder or Manager for more information or scan the QR Code to apply.

R5k	R10k	R15k	R20k	R25k
INDIVIDUAL PLAN				
Total Premium per month - Covers the policy holder				
Policy Holder: Age 18 - 65				
R50	R65	R80	R85	R99
FAMILY PLAN				
Total Premium per month - Covers the policy holder. 1 spouse and up to 5 children				
Policy Holder and Spouse: Age 18 - 65. Children: Age 0 - 18				
R60	R90	R110	R120	R149
*EXTENDED FAMILY PLAN				
Total Premium per Month – Covers up to 7 Extended Family Members				
Extended family includes parents, siblings, in-laws, aunts, uncles, cousins, nieces, nephews, grandparents, grandchildren, or a major child of the policyholder.				
Age: 1 - 65 (Age at next birthday)				
R40	R50	R60	R70	R80
Age: 65 - 80 (Age at next birthday)				
R100	R170	R230	R300	R340

**Please note that the extended family funeral rates are per life insured and will change based on age of individual being added to the policy.*

For all New Business, Policy Queries or Claims
Call us on T: 012 348 8310, Email: Funeral@tablecharm.co.za or claims@tablecharm.co.za
Visit www.tcdirect.co.za/funeral-plans/ for further information.

The **LASTING LEGACY** of love

For a detailed breakdown refer to T&C's.



Payout on Death

Approved claim paid within

48 HOURS



Cash 'Grocery' Pay-out

R2000 pay-out within 48 hours of approved claim

MAIN MEMBERS ONLY



Accidental Death Benefit

Pay-out on both funeral and accidental death claims.

MAIN MEMBERS ONLY

Transport Benefit

R1000 pay-out within 48 hours of approved claim

MAIN MEMBERS ONLY



Repatriation Benefit

IN: Transport body from any SADDAC country to SA.

OUT: Transport body from SA to SADDAC. Exit border



Tutor Benefit

Telephonic academic assistance with a qualified teacher. Living Benefit

MAIN MEMBERS ONLY



PLUS! Every active policy with a premium of R80 or more unlocks access to TC Saver - EVERY MONTH!

Get discount coupons to use at **Checkers, Shoprite, and Checkers Hyper** - making your grocery runs lighter on the pocket. **TC Saver** helps you shop smart, stretch your budget, and save big on the essentials you love!

FUNERAL POLICY BONUSES

Every **10 Funeral Policies** you activate → You earn **R200 extra**.

Be the **first to reach 1,000 activate plans by July 2026** and you will take home a brand new Suzuki Swift.

2nd Place
R40 000 Cash Prize.

3rd Place
R20 000 Cash Prize.

Disclaimer:
Condition is that you have 1000 active plans for 3 months.



TC Branded Suzuki Swift



A Feast in Fuchsia: Your Complete Pink Menu for a Summer Celebration

October isn't just a month; it's a vibrant call to action. It's Breast Cancer Awareness Month, and this Pink October, we're painting everything pink! Every fuchsia splash, every rosy hue, every blush on our plates and in our decor is a celebration of life, resilience, and unwavering support for our sisters.

This feature is our delicious tribute. We've designed the ultimate summer feast to bring your people together, share stories, and create joyful memories around a table that shines with the colour of hope. Discover surprisingly simple, affordable recipes and creative decor ideas where every detail, from dazzling dishes to inspiring tablescapes, sings with the vibrant power of pink.

THE MENU: A SYMPHONY OF PINK

This three-course meal is designed to impress your guests without keeping you in the kitchen all day, all while showcasing beautiful pink hues.

STARTER: WHIPPED BEETROOT AND FETA DIP

This dip is a showstopper. The electric pink of the beetroot is breathtaking, and the flavour is a perfect balance of earthy sweetness and salty feta. It's incredibly easy to make and proves that the most beautiful dishes can also be the simplest. Serve it with homemade seed crackers or warm bread, and watch the colour light up your table.

MAIN: GRILLED SALMON WITH A PINK PEPPERCORN RUB

This main course feels luxurious but is wonderfully straightforward. A beautiful fillet of salmon, with its naturally rosy hue, is gently rubbed with crushed pink peppercorns for a subtle, fruity spice. Grilled until just tender, it's served alongside a refreshing watermelon and mint salad, creating a plate that's bursting with complementary pinks and greens. The combination is light, sophisticated, and the very taste of summer.



DESSERT: NO-BAKE STRAWBERRY MOUSSE TART

End your feast on a cloud of sweetness. This no-bake tart has a simple biscuit base and is filled with a light, airy strawberry mousse that sets in the fridge. It's an indulgent treat that requires no oven, saving you time and stress. Garnish with fresh strawberries for a dessert that looks as heavenly as it tastes—a final flourish of delicious pink.

FULL FEATURE: SIPS OF SUMMER IN CRYSTAL

Every Pink October celebration deserves a signature drink. These refreshing sips are bursting with pink colour and vibrant flavour, and serving them in beautiful glassware instantly elevates the entire occasion.





THE CENTREPIECE: FLAMINGO FIZZ PUNCH

This non-alcoholic punch is the heart of the party. It's gorgeous pink grapefruit and rosemary flavour is sophisticated enough for adults but loved by all ages. Serving it from a large container is the ultimate hosting hack. We absolutely LOVE a beautiful dispenser which transforms your drinks station into an elegant affair and allows guests to help themselves, freeing you up to enjoy the celebration.

Recipe:

- 2 litres Pink Grapefruit Juice – fresh, or concentrate.
- 1 litre Soda Water
- 1 litre Ginger Ale
- Fresh Grapefruit Slices and several sprigs of fresh Rosemary
- Combine all ingredients in the dispenser with plenty of ice.

INDIVIDUAL COCKTAILS

- Raspberry Rosé Spritzer: A light and bubbly delight. Muddle a few fresh raspberries in the bottom of a glass, top with chilled rosé wine, and a splash of soda water. The natural pink of the raspberries and rosé makes this drink a perfect fit. It looks absolutely beautiful served in a simple, elegant glass.
- Watermelon Margarita: The ultimate summer cooler, bursting with natural pink. Blend fresh watermelon chunks with a splash of lime juice and a touch of agave syrup. For the adults, add a shot of tequila. Serve over ice in a classic tumbler with a salted rim for that perfect sweet-and-salty kick[

DRESS YOUR TABLE WITH HEART: DECOR ON A BUDGET

This Pink October, let your table decor be another layer of your message of support. You don't need to spend a fortune to create a beautiful, pink-infused table. It's the thoughtful, creative touches that make a setting feel truly special.

- Foraged from the Garden, with a Pink Pop: Forget expensive flower arrangements. Take a walk around your garden or neighbourhood and snip a few interesting green leaves, a single dramatic pink flower, or some delicate branches. You can even find small pink pebbles or paint a few found stones light pink. Placed in clean, empty glass jars or bottles of different sizes, these create a stunning and completely free centrepiece that echoes our theme.
- DIY Fabric Runner in Shades of Pink: A simple piece of fabric can transform your table. You don't need a fancy tablecloth; find an affordable offcut of plain coloured cotton or even some shweshwe fabric with pink accents. An unhemmed strip laid down the centre of the table acts as a beautiful runner, instantly adding colour and texture. You can even use several strips in varying shades of pink.
- The Magic of Crystal Glassware: The secret to making any table setting look more elegant is to use sparkling, clean glassware. Beautiful glasses catch the light and add a touch of glamour. Using elegant tumblers like the Crystalite or Aspen collection for everything from your signature pink cocktails to simple iced water makes every sip feel like a special occasion, shining brighter on your themed table
- A Personal Touch, in Pink: The most meaningful decor is personal. Use a marker to write each guest's name on a large, smooth, light pink leaf (or a normal leaf that you've painted with a touch of pink). Place it on their plate. This simple, natural place card is a beautiful, personal welcome that makes everyone feel seen and cherished, reinforcing our Pink October message.



Timeless Style, Modern Attitude: Your SIGNATURE. Your STORY.

Every sunrise brings a new challenge, a fresh opportunity to show up as the powerful, capable person you are.



In the hustle of life, your style isn't just about clothes; it's a silent language, a declaration of who you are and where you're going. And sometimes, the most powerful statements are found in the smallest details.

Forget fleeting trends. We're talking about the game-changers. The pieces that don't just complete an outfit, but elevate you. A perfectly chosen watch and a pair of sunglasses aren't mere accessories; they're strategic tools. They're investments in your confidence, your presence, and the unspoken story you tell the world.

THE WATCH: MASTERING YOUR TIME, MASTERING YOUR IMAGE.

In a world glued to phones, a classic watch on your wrist does more than tell the time. It tells a story about you. It signals purpose. It says, "I am intentional. I value precision. My time matters."

Think of the icons you admire—they command attention without shouting. A beautiful watch is that same quiet power. It's a subtle nod to tradition, a grounding force in a fast-paced world. It's a sophisticated blink that tells everyone you're on schedule, you're prepared, and you're in control. It's not about the brand; it's about the message it sends about the person wearing it. It's your daily reminder that every minute counts, and you're here to make every minute yours.

SUNGLASSES: YOUR UNSPOKEN POWER. YOUR UNRIVALLED EDGE.

Ever notice how a simple pair of sunglasses can instantly transform someone's entire aura? They're not just for blocking the sun. They're your personal power shield. Your instant upgrade.

Slip them on, and suddenly, you carry a different kind of confidence. They add an undeniable edge, a touch of cool, and an instant dose of effortless glamour. Whether

you're closing a deal, navigating a busy market, or simply enjoying a quiet moment, the right shades frame your face with an air of composure, sophistication, and a hint of intriguing mystery. They empower you to face the day head-on, protecting your eyes while sharpening your focus on the horizon.

FIND YOUR SIGNATURE LOOK: CRAFTED FOR CONFIDENCE.

Ready to claim your unmatched presence? We've curated pairings that don't just match; they amplify your innate confidence, helping you craft a style that is uniquely, powerfully you.

For Him | The Modern Classic: Unyielding Presence. He's the man who commands respect with quiet strength. His style is timeless, sharp, and always on point. Imagine the SJ327 Cade Men's Watch on his wrist. It's not just a watch; it's a statement of enduring sophistication, a testament to his unwavering drive. Paired with the cool, composed lines of the EW211 Luke Sunglasses for Him, he exudes an air of untouchable capability, ready for any challenge that comes his way. This is the look of a man who knows his value.

For Her | Effortless Glam: Magnetic Allure. She walks into a room, and heads turn. Her elegance is natural, her presence captivating, her confidence undeniable. Picture the delicate yet impactful gleam of the SJ237 Bailey Ladies' Watch on her wrist. It's a blend of classic charm and modern grace, a subtle sparkle that speaks volumes about her refined taste. Combined with the chic, enigmatic appeal of the EW319 Taylor Ladies Sunglasses, she instantly projects an aura of magnetic allure and effortless sophistication. This is the look of a woman who owns her power, beautifully.

Step out. Stand tall. Let your style define your legacy. Shop all products at shop.tcdirect.co.za

SHINE AT EVERY OCCASION

OCTOBER MADNESS!



SJ237
Bailey Ladies' Watch
WAS R379
R299
SAVE R80



SJ234
Madison Ladies' Watch
WAS R399
R319
SAVE R80



SJ227
Micaela Ladies' Watch
WAS R399
R239
SAVE R160



SJ228
Ellie Ladies' Watch
WAS R449
R269
SAVE R180



SJ231
Ruby Ladies' Watch
WAS R489
R279
SAVE R210



SJ232
Claire Ladies' Watch
WAS R499
R299
SAVE R200



SJ233
Paris Ladies' Watch
WAS R459
R279
SAVE R180



SJ235
Zena Ladies' Watch
WAS R379
R229
SAVE R150



SJ236
Anna Ladies' Watch
WAS R469
R279
SAVE R190



SJ327
Cade Men's Watch
WAS R489
R429
SAVE R60

SAVE
UP TO
R80



SJ323
Aiden Men's Watch
WAS R399
R229
SAVE R170



SJ326
Bronny Men's Watch
WAS R380
R229
SAVE R151



SJ500
Signature Men's Watch
WAS R499
R299
SAVE R200

GET READY FOR THE HOLIDAYS

NATASHA TRAVEL BAG COLLECTION

SH284
Natasha Crossbody
WAS R489
R439
SAVE R50



SH285
Natasha Vanity Bag
WAS R379
R339
SAVE R40



EW319
Taylor Ladies Sunglasses
R249



EW322
Lexi Ladies Sunglasses
R249



SH276
Tracey Satchel - Cream & Tan
WAS R799
R649
SAVE R150

SH278
Tracey Crossbody - Cream & Tan
WAS R559
R489
SAVE R70

NORA LADIES' SNEAKER

- SF112** Size 3
- SF113** Size 4
- SF114** Size 5
- SF115** Size 6
- SF116** Size 7
- SF117** Size 8

WAS R679
R599 each
SAVE R80



CASPER SNEAKER

- SF908** Size 6
- SF909** Size 7
- SF910** Size 8
- SF911** Size 9
- SF912** Size 10
- SF913** Size 11

WAS R775
R695 each
SAVE R80





The Mindset Shift: You Are Not a Seller; You Are a SOLUTION

Before we break down the months, you need to make one crucial mental shift. Stop thinking of yourself as someone who just sells products.

For the next 90 days, you are a Gifting and Celebration Expert. You are the solution to your customers' biggest festive season problems: what to buy, how to save money, and how to make their homes beautiful for their families. When you solve their problems, the sales will follow.

NOVEMBER: THE MONTH OF URGENCY & SMART SAVINGS

The festive panic is starting to set in for your customers. This is when you become their hero. Your theme is "Plan Ahead & Save Big."

Your Strategy: Create FOMO (Fear Of Missing Out) and Offer Solutions. Your secret weapon is the TC BLACK NOVEMBER sale. This is not a casual browse; this is a high-urgency event. Use

the words directly from the catalogue: "END OF RANGE - AVAILABLE WHILE STOCKS LAST."

Your Action Plan:

1. Become a Personal Gifting Consultant: Reach out to your top 10 customers now. Say, "I know how busy you are. Let me take the stress out of your festive shopping. Send me your gift list (mom, husband, teacher), and I will build beautiful gift packages for you from the incredible Black November sale."
2. Promote the Layby Powerfully: Your biggest solution for customers worried about money is the TC Layby. This is a game-changer. It's Zero Deposit, interest-free, and they have 3 months to pay. Lead with this. You are removing all risk for them.



3. Use This Script: “The Black November deals are absolutely crazy this year, with savings up to 70%! But the best items will sell out fast. We can secure all your Christmas gifts today with a zero-deposit layby. You get the sale price now and can pay it off over the next three months. It’s the smartest way to shop.”
4. Video Idea: “Your Ultimate Gifting Guide & Black November Sneak Peek” (from previous feature): Go live showcasing gift ideas for different people. Set up little stations: “For Mom,” “For Him,” “For the Home.” Highlight items like a classic men’s watch or a gorgeous crossbody bag.

DECEMBER: THE MONTH OF THE “DEZEMBA BOSS” & LAST-MINUTE MAGIC

The rush is real. Everyone is stressed, and they need quick, beautiful, and affordable solutions. You are the “Dezemba Boss” who has the answers. Your theme is “Effortless Gifting & Festive Elegance.”

Your Strategy: Focus on Grab-and-Go Gifts and Complete Solutions. People don’t have time to think. You need to present them with perfect, ready-made ideas.

Your Action Plan:

1. Create a “Gift Bundle” Catalogue: Make your own simple guide on Canva or WhatsApp. Group items together. For example:
 - The “Hostess with the Mostest” Gift: A stunning golden decanter with lid and a set of elegant stemless wine glasses.
 - The “Ultimate Spoil” for Her: A complete fragrance set (e.g., Inspired by Red Door) or a beautiful Signature Glow perfume.
 - The “Classic Man” Gift: A new men’s watch paired with a magnetic impact fragrance set.
2. Become the “Under R150” Specialist: This is for teacher gifts, secret Santas, and last-minute needs. The December catalogue is packed with options. A set of Victoria Dinner Plates or Twilight Wine Glasses for R149 offers incredible value.
3. Use This Script: “Are you sorted with your last few gifts? I have the most beautiful glassware sets for only R149 that make the perfect present for anyone who loves their home. They look so expensive, and they’re already boxed and ready to go!”
4. Video Idea: “The ‘Under R100’ Gift Haul” (from previous feature): Display a table full of beautiful, affordable gifts. Show them up close to the camera, featuring items like Inspired By Body Lotions and Matte Lip Crayons.

JANUARY: GEAR UP FOR THE NEW YEAR

A true “Dezemba Boss” thinks ahead. While everyone else is experiencing a January slump, you will be securing your first sales of the new year.

Your Strategy: Plant the Seed in December. As you are delivering your Christmas gifts, start the conversation about the next big expense: Back-to-School.

Your Action Plan:

1. Showcase the Solution: Have the new Kids Lunch Boxes with Dividers on hand. The December catalogue features them specifically to “Beat the January rush.”
2. Use This Script: “As we’re sorting out your Christmas gifts, I just wanted to show you these new lunch boxes. They are perfect for back-to-school. We can add one to a layby for you now, so that when January comes, you’re already one step ahead and the cost is covered.”

This Golden Quarter is your time to shine. Plan your work, work your plan, and step into the new year with a business that is stronger and more profitable than ever before.





Ingredients for Better Living

YES *Chef*

MAXIMUM CRUNCH.
MINIMUM OIL.



DESIGNED FOR CHEFS.
ENGINEERED FOR PERFORMANCE.

 **SAVE UP TO 25%** ON OIL COSTS

 LASTS UP TO **30% LONGER** THAN STANDARD OILS

 LIGHTER, CRISPIER FOOD WITH **LESS OIL ABSORPTION**